



## **Royal Canoe Club - Junior Code of Conduct November 2023**

Royal Canoe Club supports the core values of the sport – commitment, ownership, responsibility and excellence

### **All junior members are asked to abide by the following code of conduct at all times**

Co-operate fully, respecting all requests and decisions made by the coaches, volunteers and officials. They have your best interests and those of the whole group in mind.

Be on time for training sessions and events and wear suitable kit for paddling as agreed with your coach.

Do not leave a coaching session without the knowledge and permission of the coach.

Advise the coach of any medical conditions which may affect your paddling.

Demonstrate fair play on and off the water. Be considerate and respectful to other paddlers and water users - treat others as you would want to be treated.

Challenge discrimination, prejudice and behaviour that falls below the expected standards.

Control your temper and avoid behaviour which may affect, offend or upset others.

Take care of all property belonging to the club or any club member and be responsible for caring for your own equipment and clothing.

Royal Canoe Club follow the British Canoeing Social Media Guidelines and junior members must abide by these guidelines - available on the club website.

Junior members are not allowed to smoke, consume alcohol or drugs of any kind whilst on club premises or whilst representing the club at events.

Junior members in the performance groups (Abraham and Brabant) must respect designated rest days as stipulated by their coaches.

Junior members may only go out on the water on scheduled club sessions or with a member of their family and may be present in the gym with their designated coach.

Junior members are only permitted to be on Royal Canoe Club premises when accompanied by their parent/carer who must themselves be a member of Royal Canoe Club or when accompanied by the nominated coach for their session.

**THE AIM IS FOR ALL PADDLERS TO IMPROVE THEIR ABILITY AND SKILLS AND HAVE FUN IN A SAFE ENVIRONMENT**

## **Royal Canoe Club - Parents and Carers Code of Conduct November 2023**

**As a parent/carer you play an essential part in encouraging, supporting and influencing your child's participation in kayaking. As a parents/carer you have the right to**

- Be assured that your child is safeguarded during their participation in the activity.
- Be informed of problems or concerns relating to your child or if your child is injured.
- Have your consent sought for attendance on club trips or photography of your child.
- Contribute to decisions that affect your child.
- Have any concerns about any aspect of your child's welfare, listened to and responded to.

**All parents/carers are asked to set a good example and abide by the following rules at all times**

Encourage your child to follow the Royal Canoe Club junior code of conduct and club rules.

Advise the coach of any medical conditions which may affect your child's paddling.

Get to know the coaches who coach your child and show appreciation and support for the coaches, staff and volunteers of Royal Canoe Club.

Behave responsibly and use appropriate language at all times. Be polite, courteous, considerate and respectful to all people, paddlers and water users - treat everyone with the same respect and fairness as you would want them to show you. Applaud good performances of all paddlers, not just your child's.

Publicly accept the decisions of judges and officials and accept the judgement of Royal Canoe Club coaches, staff and volunteers.

Support your child's involvement and help them to enjoy the sport and to recognise good performance, not just results. Be realistic and supportive and teach them that they can only do their best and never punish or belittle your child for losing or making mistakes. Do not force your child to take part in sport.

Deliver and collect your child punctually and inform their coach prior to the activity starting if your child is to be collected early or by someone else.

Ensure your child has clothing, kit, food and drink appropriate to the activity and weather conditions.

Ensure your child follows their training plan and respects designated rest days where these are part of their training plan.

Ensure your child only goes out on the water on scheduled club sessions or with a member of their family.